



PO Box 420 Eliot, ME 03903

## LightHouse Parent/Child Programs 2010-2011

Thank you for your interest in our early childhood programs for very young children. To start the application process please attend an Early Childhood Information Session held twice monthly; complete a LightHouse registration form with non-refundable tuition to reserve your space in the desired session. Tidewater reserves the right to cancel programs due to insufficient enrollment.

**No adjustments are made for absences, withdrawals or dismissals. However, if Tidewater cancels due to inclement weather we offer a make-up.**

### **Tuition and Program Schedule:**

#### **Parent/Child Playgroup, 9:30-11:30 AM**

**For ages birth - 4 yrs, siblings of any age welcome; program geared towards 18 months-and up.** Held on Mondays; make up days are scheduled per season for weather cancellations or teacher illness.

#### **Fall Session I**

Monday, September 13 -- October 25; 6 weeks  
No class on October 11

#### **Fall Session II**

Monday, November 1 – December 13; 6 weeks  
No class on November 22

#### **Winter Session III**

Monday, January 4 -- February 21; 6 weeks  
No class on February 14

#### **Early Spring Session IV**

Monday: March 14 -- April 11: 5 weeks

#### **Spring Session V**

Monday: April 25 -- June 6: 5 weeks  
No class on May 16 and 30  
Fridays: April 29 –June 6: 6 weeks

### **Tuition and Fees**

5 week session	\$150 (\$125 per family plus \$25 Materials fee)
6 week session	\$180 (\$150 per family plus \$30 Materials fee)

Each session has room for 8 families to participate. Younger siblings are welcome however the program is aimed at ages 18 months to 4 yrs.

## **Possibilities in the Daily Schedule**

### Play and activity time

Handmade dolls and animals  
Naturalistic blocks, tree stumps  
Housekeeping  
Beeswax crayoning  
Baking

### Adult artistic activities

Seasonal crafts

### Snack time

Prepared together  
Wholesome and fresh

### Purposeful activity

Clean-up  
Ironing  
Mending

### Adult conversation

sharing and support

### Circle time

songs and movement games  
finger plays  
poems and verses

### Stories and Puppets

fairytales  
nature tales

### Outdoor time

walks and playtime

### Waldorf Education

presentation and discussion  
child development

## **Note:**

Outdoor play is a part of the daily schedule and **children and adults should come dressed appropriately to enjoy the season's weather.** In the winter please bring snow pants, snow boots, etc. Our playground is muddy in the late winter/spring so we suggest rubber boots and rain pants.

Please **bring slippers/indoor shoes for you and your child** to change into. This helps us keep our floors comfortable and clean.

## **Teacher Profile**

### **Tricia Frey, BA**

Tricia's background is in the theater and corporate world and she left these endeavors to pursue her interest in working with children. Tricia holds a Bachelor of Arts degree from Hofstra University in NY. She worked for 14 years as a production stage manager and actress throughout New England. She has completed the Waldorf Lifeways Training, was Tidewater's extended day teacher for two years and now she is the Beach pea Nursery teacher four days a week. She has a special fondness for the very youngest children and hopes to work with babies and toddlers when Tidewater is ready to design a program for that age group.

When not at Tidewater, Tricia can be seen tending the gardens at Strawberry Banke and interpreting to the visitors. She enjoys dancing—both tap and jazz—reading and swimming. She lives in Cape Neddick, very near the ocean. This is her fifth year at Tidewater.



## LightHouse Parent/Child Program

### Enrollment Form

To reserve a spot in any of these sessions please return this form with **nonrefundable** tuition and materials fee. We recommend you purchase a copy of **Over The Rainbow Bridge** from the office.

**Enrollment is on a first come first serve basis.** Please understand that the enrollment form and appropriate fees must be received before you are considered enrolled and can attend class.

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

Child's Name \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

Siblings Name \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

### Check below for session and date desired:

#### Fall Session I

\_\_\_\_\_ Monday, September 13 -- October 25; 6 weeks; **enclose \$180**

#### Fall Session II

\_\_\_\_\_ Monday, November 1 -- December 13: 6 weeks, **enclose \$180**

#### Winter Session III

\_\_\_\_\_ Monday, January 3 -- February 21; 6 weeks, **enclose \$180**

#### Early Spring Session IV

\_\_\_\_\_ Monday: March 14 -- April 11: 5 weeks, **enclose \$150**

#### Spring Session V

\_\_\_\_\_ Monday: April 25 -- June 6: 5 weeks, **enclose \$150**

\_\_\_\_\_ Friday: April 29 -- June 3: 6 weeks, **enclose \$180**

Is there any medical information we should know?

Any dietary information we should know?

Signed \_\_\_\_\_ Date \_\_\_\_\_

Email address \_\_\_\_\_ Phone \_\_\_\_\_

Who should contact in case of emergency?

Name \_\_\_\_\_ Phone \_\_\_\_\_